

NON-GLUTEN MENU



NIBBLES

GARLIC MARINATED MIXED OLIVES ^{Ve}.....£3.25

SHARERS

HUMMUS BOWL ^{Ve}.....£5.50
with diced salad, guacamole, olive oil & seeded non-gluten roll
+ ADD PULLED CHICKEN £2.50

STARTERS

PRAWN COCKTAIL.....£5.65
cold water prawns & Marie Rose sauce

CHARGRILL

STEAK FRITES.....£8.25
tenderised 4oz rump steak, garlic butter & skin-on chips

80Z SIRLOIN STEAK.....£13.75
slow-roasted tomato, button mushrooms, garden peas & skin-on chips or jacket

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES 1.30

TASTY ADDITIONS

+ CREAMY PEPPERCORN ^{Ve}, BÉARNAISE ^{Ve} OR MUSHROOM & STILTON TOPPINGS ^{Ve}
£1.50 EACH
+ HOUSE 'SLAW ^{Ve} £1.50

DOUBLE THE PROTEIN

+ ADD ¼ FRESH ROTISSERIE CHICKEN
£4.50
+ ADD TENDERISED 40Z RUMP STEAK
£4.50

A BIT ON THE SIDE

SKIN-ON CHIPS ^{Ve} £2.75

SWEET POTATO FRIES ^{Ve}.....£3.50

+ ADD MELTED CHEDDAR CHEESE ^{Ve} TO ANY OF THE ABOVE £1.30

HOUSE SIDE SALAD ^{Ve}.....£2.50

GREEN BEANS, SPINACH & GARDEN PEAS ^{Ve}.....£3.75
lightly buttered

HOUSE 'SLAW ^{Ve} £1.50

CORN ON THE COB ^{Ve}.....£2.50

S: SMALLER | R: REGULAR

MAINS

HUNTER'S CHICKEN.....£10.95
chicken breast & smoked streaky bacon, topped with BBQ sauce & melted cheese, with house 'slaw & skin-on chips

SIGNATURE HEALTH KICK SALAD ^{Ve}.....£7.35
a layered Mediterranean-style salad of tomato, red onion, cucumber, pickled red cabbage, grated carrot, fresh spinach, quinoa, chia & pomegranate seeds, finished with a pineapple, lemongrass & ginger dressing

+ ADD A TOPPING:
SEABASS FILLETS £4.50
GRILLED CHICKEN MINI FILLETS £3.95
TENDERISED 40Z RUMP STEAK £4.50
AVOCADO ^{Ve} £2.95

SEABASS FILLETS.....£11.95
with new potatoes, baby spinach, green beans, garden peas & Champagne lemon butter sauce

ROTISSERIE

WITH HOUSE 'SLAW & SKIN-ON CHIPS OR JACKET POTATO

FRESH ROTISSERIE CHICKEN.....S£8.95 R£10.75
rubbed with Mac's chicken seasoning & finished on the chargrill

FRESH ROTISSERIE CHICKEN FOR TWO.....£19.95

CHICKEN & STEAK COMBO....£12.75
¼ fresh rotisserie chicken & chargrilled tenderised 4oz rump steak

HALF BONELESS CHICKEN.....£12.95
marinated in lemon & herbs, slow cooked & finished on the chargrill

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES 1.30

FEELING SAUCY?

+ BUTTERMILK DRESSING ^{Ve}
+ MAPLE & BOURBON BBQ SAUCE ^{Ve}
+ HABANERO HOT SAUCE ^{Ve} 🌶️🌶️🌶️
+ PERI PERI SAUCE ^{Ve} 🌶️🌶️

BURGERS

WITH A SEEDED NON-GLUTEN BUN, BURGER SAUCE, TOMATO, RED ONION, GHERKIN & BUTTERHEAD LETTUCE, SKIN-ON CHIPS & HOUSE 'SLAW ON THE SIDE

CLASSIC CHEESE BURGER.....£9.50
with Emmental cheese

CALIFORNIAN.....£10.95
with smoked streaky bacon, Emmental cheese, jalapeños & guacamole

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES 1.30

DOUBLE UP

+ ADD AN EXTRA BEEF PATTY £3.00

EXTRA TOPPINGS

£1.30 EACH

+ SMOKED STREAKY BACON **+ EMMENTAL CHEESE ^{Ve}**
+ CHEDDAR CHEESE ^{Ve} **+ GUACAMOLE ^{Ve}**
+ JALAPEÑOS ^{Ve}

SWEET TOOTH?

CHOCOLATE BROWNIE ^{Ve}.....£5.25
with chocolate sauce & soft whipped ice cream

SUNDAY ROASTS

FRESH & TRADITIONAL
ASK FOR THIS WEEK'S TASTY SELECTION.
PRE-ORDERS ARE WELCOME.
BOOK ONLINE NOW
CHICKENANDGRILLPUBS.CO.UK



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^{Ve} Suitable for vegetarians. ^{Ve} Suitable for vegans. †Please be aware that we use common fryer oil when cooking at 170°C and, due to these circumstances, we are unable to guarantee that these dishes can be completely free of animal products. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. Allergen Information. Please inform the team if you have a food allergy. Dishes are made to order, and some will require an ingredient change to accommodate your allergen request. Non-gluten and vegetarian & vegan menus are available. A full list of allergens in each dish is available for your peace of mind, if you have any allergies or dietary requirements please speak to our team. Dish specification and ingredients are subject to change and so allergen information should be checked on each visit. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens.

Service is not included. Our grateful team receive 100% of your tips, with all associated transaction fees paid by McMullen & Sons.