

FREE FROM GLUTEN MENU



NIBBLES

- PORK CRACKLING** £2.95
with red onion & balsamic chutney
- GARLIC MARINATED MIXED OLIVES** (V) £3.15
- MIXED WARM NON-GLUTEN BREADS** (V) £3.15
with olive oil & balsamic vinegar

STARTERS

- PRAWN COCKTAIL** £5.50
cold water prawns & Marie Rose sauce
- SWEET CHILLI HALLOUMI SKEWERS** (V) £5.50
with salad garnish

SHARERS

- BAKED CAMEMBERT** (V) £9.50
with toasted non-gluten bread & red onion & balsamic chutney

TABLE SAUCES

BUTTERMILK DRESSING
HABANERO HOT SAUCE 🌶️🌶️🌶️

BURGERS

- with a seeded non-gluten bun with burger sauce, tomato, red onion, gherkin & butterhead lettuce, skin-on chips & house 'slaw on the side
- CLASSIC CHEESE BURGER** £9.25
with Emmental cheese
- CALIFORNIAN** £10.95
with smoked streaky bacon, Emmental cheese, jalapeños & guacamole
- SQUEAKY JIM** £10.95
with halloumi cheese & red onion & balsamic chutney

DOUBLE UP

+ ADD AN EXTRA BEEF PATTY £3.00

EXTRA TOPPINGS

£1.25 EACH
SMOKED STREAKY BACON, CHEDDAR CHEESE,
EMMENTAL CHEESE, GUACAMOLE AND JALAPEÑOS

L: LIGHTER | R: REGULAR

ROTISSERIE

WITH HOUSE 'SLAW & SKIN-ON CHIPS OR JACKET POTATO

- FRESH ROTISSERIE CHICKEN** ... L: £8.75 R: £10.75
fresh rotisserie chicken rubbed with Mac's chicken seasoning & finished on the chargrill
- FRESH ROTISSERIE CHICKEN FOR TWO** £19.95
- CHICKEN & STEAK COMBO** £12.75
¾ fresh rotisserie chicken & chargrilled 5oz rump steak
- HALF BONELESS CHICKEN** £12.75
marinated in buttermilk, slow cooked & finished on the chargrill

DOUBLE THE PROTEIN

ADD
¾ FRESH ROTISSERIE CHICKEN £4.35
5oz RUMP STEAK £4.35

GRILL

all our beef steaks are aged for a minimum of 28 days served with a slow roasted tomato, button mushrooms & garden peas

CHOOSE FROM SKIN-ON CHIPS OR JACKET POTATO

- 5oz RUMP STEAK** £8.75
- 10oz RUMP STEAK** £12.50
- 8oz SIRLOIN STEAK** £13.25
- BRITISH CURED GAMMON STEAK** L: £8.95 R: £11.25
with a free-range fried egg & grilled pineapple

TASTY ADDITIONS

CREAMY PEPPERCORN OR BÉARNAISE TOPPINGS
£1.50 EACH
HOUSE 'SLAW £1.50

DOUBLE THE PROTEIN

ADD
¾ FRESH ROTISSERIE CHICKEN £4.35
5oz RUMP STEAK £4.35

PUB CLASSICS

- HUNTER'S CHICKEN** £10.95
chicken breast & smoked streaky bacon, topped with BBQ sauce & melted cheese. With house 'slaw & skin-on chips

HEALTHIER & VEGETARIAN

- SIGNATURE HEALTH KICK SALAD** (V) £7.35
a layered Mediterranean-style salad of tomato, red onion, cucumber, pickled red cabbage, grated carrot, fresh spinach, quinoa, chia & pomegranate seeds, finished with a pineapple, lemongrass & ginger dressing



+ ADD A TOPPING:

- SEABASS FILLETS** £4.25
GRILLED CHICKEN BREAST £3.95
GRILLED SWEET CHILLI HALLOUMI SKEWERS (V) £3.75
5oz RUMP STEAK £4.35

- CHICKEN, AVOCADO & BACON SALAD** £9.95
with butterhead lettuce leaves, Roquito pepper pearls, cucumber, tomatoes, red onion & buttermilk dressing

- SEABASS FILLETS** £11.95
with new potatoes, baby spinach, green beans, garden peas & Champagne lemon butter sauce

A BIT ON THE SIDE

- SKIN-ON CHIPS** (V) £2.75
- HOUSE SIDE SALAD** (V) £2.50
- GREEN BEANS, SPINACH & GARDEN PEAS** (V) lightly buttered £3.75
- HOUSE 'SLAW** (V) £1.50
- CORN ON THE COB** (V) £2.50

SWEET TOOTH?

- LEMON & RASPBERRY CHEESECAKE** (V) £4.95
with raspberry & limoncello coulis & soft whipped ice cream

- MANGO, BERRY & POMEGRANATE SUNDAE** (V) £4.95
mango, pomegranate seeds & forest fruits with crushed meringue, layered through soft whipped ice cream, topped with whipped cream

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(V) Suitable for vegetarians. (V) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. **Allergen Information.** If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind. All prices include V.A.T. **SERVICE IS NOT INCLUDED. ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.** ● For every "Signature Health Kick Salad" sold, £0.10 will be paid to Keetch Hospice Care – Hertfordshire's children's hospice Registered Charity No. 1035089. Only 1 in 3 Hertfordshire children get the hospice care they deserve. We want to make sure we reach every single child in Hertfordshire and give them and their families the support they need; at the time they need it most.